

## DESSERT PLATTERS

*small (serves up to 12)*

*large (serves up to 24)*

**Cookie Platter \$26 sm / \$47 lg**

assortment of: italian wedding, hazelnut-chocolate shortbread kiss, chocolate chunk, chocolate crinkle and salted caramel & raspberry

**Cream Puff Platter \$60 sm / \$114 lg**

assortment of: chocolate chip, pistachio, cherry and vanilla

**Parfait Platter \$60 sm / \$114 lg**

assortment of: chocolate budino, espresso tiramisu, seasonal tiramisu and amarena cherry panna cotta

**Cakes & Torte Slices Platter \$69 sm / \$138 lg**

assortment of: chocolate-hazelnut mousse torte, amaretto cheesecake and italian cream cake

## DESSERTS BY THE DOZEN

**Cookies \$21**

choose: italian wedding, hazelnut-chocolate shortbread kiss, chocolate chunk, chocolate crinkle or salted caramel & raspberry

**Cream Puffs \$54**

choose: chocolate chip, pistachio, cherry or vanilla

## INDIVIDUAL DESSERTS

**Chocolate Budino Parfait \$4.50**

chocolate pudding, chocolate sauce, chocolate cookie crust

**Amarena Cherry Panna Cotta Parfait \$4.50**

**Tiramisu Parfait \$4.50**

choose: espresso or seasonal

**Seasonal Fruit Crostata \$5.50**

**Limoncello Crème Brulee \$5**

## WHOLE CAKES & TORTES

*(serves 12)*

**Chocolate-Hazelnut Mousse Torte \$48**

chocolate cookie-hazelnut crust

**Amaretto Cheesecake \$32**

amaretto cookie crust

**Italian Cream Cake \$36**

coconut pecan cake, cream cheese frosting

## BEVERAGES

**Sodas \$2 (each)**

san pellegrino limonata, san pellegrino pompelmo, san pellegrino aranciata rossa, coke, diet coke, sprite

**Water \$3 (each)**

san pellegrino sparkling water, acqua panna spring water

Whether we are creating your meal from beginning to end, or just supplementing what you've created, we're here to help. Here are some details to consider.

- We provide delivery with a minimum purchase of \$250, for a small fee based on location.
- We provide disposable platters, plates, napkins and flatware for a small fee.
- We allow for last minute orders based on availability. However dates do fill up quickly, especially during peak seasons, so please place your order at your earliest convenience.
- We cater events, big or small, however we do not provide wait staff or party rentals.

*We look forward to serving you!*

## CATERING MENU

3145 FOLSOM BOULEVARD  
SACRAMENTO, CA 95816  
916.822.8720 PHONE  
916.822.8721 FAX

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B  
O,

italian  
table & bar

office lunches

## SANDWICH LUNCH PACKAGE

*small \$175 (serves up to 12) / large \$335 (serves up to 24)*

**Assorted Sandwich Platter**

*choice of (small 8 / large 16):*

**Prosciutto & Fresh Mozzarella on Ciabatta**

tomato, arugula, olive tapenade, lemon mayo,

**Little Italy on Ciabatta**

prosciutto, mortadella, salami, provolone, lettuce, tomato, onion, pepperoncini, lemon mayo, red wine vinaigrette

**BLT on Focaccia**

italian bacon, lettuce, tomato, lemon mayo

**Chicken Salad on Focaccia**

grapes, celery, fennel, onion, arugula, lemon mayo

**Tuna Salad on Whole Grain Sourdough**

romaine, red onion, capers, oregano, parsley, celery, lemon mayo

**Avocado & Fresh Mozzarella on Whole Grain Sourdough**

lettuce, tomato, onion, basil mayo

**Cold Salad Side**

choose one: garbanzo bean & salami, farro & kale, lemon broccoli, beet & pistachio, market fruit

**Salads**

choose one: mista salad, verde salad (choice of dressing)

**Add Cookie Platter**

*small \$26 / large \$47*

## SANDWICH BOXED LUNCHES

*\$15 each*

**Sandwiches**

choose one: prosciutto & fresh mozzarella, little Italy, blt, chicken salad, tuna salad, avocado & fresh mozzarella

**Salads**

choose one: garbanzo bean & salami, farro & kale, lemon broccoli, beet & pistachio, market fruit

**Cookies**

choose one: chocolate chunk, chocolate crinkle, italian wedding, hazelnut-chocolate shortbread kiss, salted caramel & raspberry

## COLD SANDWICH PLATTERS

*small \$80 (16 sandwich halves, serves up to 12), choose 4*

*large \$155 (32 sandwich halves, serves up to 24), choose 4*

**Prosciutto & Fresh Mozzarella on Ciabatta**

tomato, arugula, olive tapenade, lemon mayo,

**Little Italy on Ciabatta**

prosciutto, mortadella, salami, provolone, lettuce, tomato, onion, pepperoncini, lemon mayo, red wine vinaigrette

**BLT on Focaccia**

italian bacon, lettuce, tomato, lemon mayo

**Chicken Salad on Focaccia**

grapes, celery, fennel, onion, arugula, lemon mayo

**Tuna Salad on Whole Grain Sourdough**

romaine, red onion, capers, oregano, parsley, celery, lemon mayo

**Avocado & Fresh Mozzarella on Whole Grain Sourdough**

lettuce, tomato, onion, basil mayo

## SALAD TRIO BOXED LUNCHES

*\$15 each*

**Salads**

choose three: chicken fresco, salmon & fennel, mediterranean tuna, garbanzo bean & salami, farro & kale, lemon broccoli, beet & pistachio, market fruit

**Focaccia**

comes with: garlic parmesan focaccia

**Cookies**

choose one: chocolate chunk, chocolate crinkle, italian wedding, hazelnut-chocolate shortbread kiss, salted caramel & raspberry

## SALAD SIDES

*small (serves up to 12)*

*large (serves up to 24)*

**Chicken Fresco \$66 sm / \$132 lg**

grapes, celery, fennel, onion, creamy lemon-parmesan dressing

**Salmon & Fennel \$66 sm / \$132 lg**

celery, onion, capers, lemon

**Mediterranean Tuna \$66 sm / \$132 lg**

celery, onion, capers, oregano, parsley, creamy lemon-parmesan dressing

**Garbanzo Bean & Salami \$45 sm / \$90 lg**

celery, fennel, bell pepper, cucumber, red onion, red wine vinaigrette

**Farro & Kale \$45 sm / \$90 lg**

chard, walnuts, green onion, parsley, dill, mint, lemon

**Lemon Broccoli \$45 sm / \$90 lg**

creamy lemon-parmesan dressing

**Beet \$45 sm / \$90 lg**

pistachio, basil, parmesan, balsamic

**Market Fruit \$45 sm / \$90 lg**

please inquire

## ANTIPASTI BY THE DOZEN

### Meatballs \$28

pork, beef, tomato sauce, parmesan

### Stuffed Mushrooms \$30

sausage, fontina, sourdough croutons

### Mini Chicken Salad Sandwich \$30

grapes, celery, fennel, onion, lemon mayo, focaccia

### Mini Prosciutto & Fresh Mozzarella Sandwich \$38

arugula, olive tapenade, lemon mayo, focaccia

### Mini Caprese Sandwich \$36

fresh mozzarella, oil cured tomato, arugula, basil mayo, focaccia

## ANTIPASTI PLATTERS

*small (serves up to 12)*

*large (serves up to 24)*

### Roasted Shrimp & Creamy Lemon Dip \$70 sm / \$140 lg

capers, lemon, parsley, dill

### Fresh Crudité of the Season \$42 sm / \$84 lg

herbed white bean dip

### Meat & Cheese \$62 sm / \$124 lg

salami, mortadella, prosciutto, sliced provolone, fresh mozzarella topped with olive tapenade, goat cheese topped with roasted peppers, garnished with kalamata and castelvetro olives, served with garlic crostini

### Mini Focaccia Sandwiches \$78 (24 pc) / \$150 (48 pc)

assortment of: chicken salad, prosciutto and mozzarella, and caprese

### Focaccia with Olive Oil & Balsamic Dip \$30 (20 pc) / \$54 (40 pc)

assortment of: garlic-parmesan and rosemary-sea salt

## COCKTAIL PARTY PACKAGE

*small \$375 (serves up to 12) / large \$725 (serves up to 24)*

### Meatballs

pork, beef, tomato sauce, parmesan

### Roasted Shrimp & Creamy Lemon Dip

capers, lemon, parsley, dill

### Meat & Cheese Platter

salami, mortadella, prosciutto, sliced provolone, fresh mozzarella topped with olive tapenade, goat cheese topped with roasted peppers, garnished with kalamata and castelvetro olives, served with garlic crostini

### Fresh Crudité of the Season

herbed white bean dip

### Stuffed Mushrooms

sausage, fontina, sourdough croutons

### Mini Caprese Sandwich

fresh mozzarella, oil cured tomato, arugula, basil mayo, focaccia

## PASTA LUNCH PACKAGE

*small \$200 (serves up to 12)*

*large \$385 (serves up to 24)*

### Rigatoni Bolognese

beef, pork, tomato, mozzarella, ricotta

### Rigatoni Truffled Mushroom

mozzarella, ricotta, thyme

### Mista Salad

greens, radicchio, fennel, carrot, parsley, green onion, choice of dressing

### Focaccia with Olive Oil & Balsamic Dip

assortment of: garlic-parmesan and rosemary-sea salt

### Add Assorted Cream Puff Platter

*small \$60 / large \$114*

## CASUAL DINNER PACKAGE

*small \$249 (serves up to 12)*

*large \$485 (serves up to 24)*

### Meatballs

pork, beef, tomato sauce, parmesan

### Roasted Potatoes

garlic, rosemary, parmesan

### Roasted Market Veg

best of the season

### Verde Salad

greens, parsley, green onion, parmesan, choice of dressing

### Focaccia with Olive Oil & Balsamic Dip

assortment of: garlic-parmesan and rosemary-sea salt

### Add Tiramisu Parfait Platter

*small \$60 / large \$114*

## CREATE YOUR CUSTOM CATERING PACKAGE!

*Our catering specialists are here to assist you.*

## SIMPLE SALADS

*choice of creamy lemon-parmesan dressing, red wine vinaigrette or balsamic vinaigrette*

*small (serves up to 12)*

*large (serves up to 24)*

### Mista \$45 sm / \$90 lg

greens, radicchio, fennel, carrot, parsley, green onion

### Verde \$35 sm / \$70 lg

greens, parsley, green onion, parmesan

### ADD TO ANY SALAD:

*chicken \$24 sm / \$48 lg*

*(2 oz per guest)*

*avocado \$24 sm / \$48 lg*

*(half per guest)*

*gorgonzola & walnuts \$18 sm / \$36 lg*

*(1 oz per guest)*

## SALAD SIDES

*small (serves up to 12)*

*large (serves up to 24)*

### Chicken Fresco \$66 sm / \$132 lg

grapes, celery, fennel, onion, creamy lemon-parmesan dressing

### Salmon & Fennel \$66 sm / \$132 lg

celery, onion, capers, lemon

### Mediterranean Tuna \$66 sm / \$132 lg

celery, onion, capers, oregano, parsley, creamy lemon-parmesan dressing

### Garbanzo Bean & Salami \$45 sm / \$90 lg

celery, fennel, bell pepper, cucumber, red onion, red wine vinaigrette

### Farro & Kale \$45 sm / \$90 lg

chard, walnuts, green onion, parsley, dill, mint, lemon

### Lemon Broccoli \$45 sm / \$90 lg

creamy lemon-parmesan dressing

### Beet \$45 sm / \$90 lg

pistachio, basil, parmesan, balsamic

### Market Fruit \$45 sm / \$90 lg

please inquire

## BAKED RIGATONI

*small (serves up to 12 as side, 8 as entree)*

*large (serves up to 24 as side, 16 as entree)*

### Rigatoni Bolognese \$75 sm / \$150 lg

beef, pork, tomato, mozzarella, ricotta

### Rigatoni Marinara \$60 sm / \$120 lg

mozzarella, ricotta, basil

### Rigatoni Truffled Mushroom \$75 sm / \$150 lg

mozzarella, ricotta, thyme

### Rigatoni Chicken Alfredo \$75 sm / \$150 lg

mozzarella, cream, parmesan, parsley

## HOT ENTREES

*small (serves up to 12)*

*large (serves up to 24)*

### Porchetta \$96 sm / \$192 lg

roast pork, rosemary, garlic

### Nonna's Pot Roast \$130 sm / \$260 lg

tomato, onion, oregano, garlic, chili flakes

### Meatballs \$56 sm / \$112 lg

pork, beef, tomato sauce, parmesan

### Chicken Saltimbocca \$105 sm / \$210 lg

chicken breast, fontina, prosciutto, sage

### Lemon-Herb Chicken Breast \$99 sm / \$198 lg

thyme, rosemary

### Salmon \$114 sm / \$228 lg

lemon, capers, parsley

## HOT SIDES

*small (serves up to 12)*

*large (serves up to 24)*

### Macaroni & Cheese \$54 sm / \$108 lg

fontina, white cheddar, mozzarella, parmesan, breadcrumbs

### Polenta \$45 sm / \$90 lg

parmesan, butter

### Roasted Broccoli \$45 sm / \$90 lg

garlic, olive oil

### Roasted Potatoes \$45 sm / \$90 lg

garlic, rosemary, parmesan

### Roasted Market Veg \$45 sm / \$90 lg

please inquire

catering