

## HOT A LA CARTE ENTRÉES

**Salmon Pomodoro \$10.95** 🌱🌿🥚  
cured tomatoes, shallots, oregano

**Salmon \$10.50** 🌱🌿🥚  
lemon, capers, parsley

**Chicken Piccata \$9.75** 🌿  
chicken breast, lemon butter, capers

**Chicken Marsala \$9.75**  
chicken breast, sautéed cremini mushrooms, thyme

**Meatballs (three) \$9**  
pork, beef, tomato sauce, parmesan

## HOT SIDES

**Macaroni & Cheese \$6.25** 🌿  
fontina, white cheddar, mozzarella, parmesan, toasted breadcrumbs

**Creamy Polenta \$5.50** 🌿🌱  
butter, parmesan

**Roasted Broccoli \$4.50** 🌱🌿🥬🥚  
garlic, olive oil

**Roasted Brussels Sprouts \$6.25** 🌿🌱  
lemon, garlic, parmesan, chili flakes, extra virgin olive oil

**Butternut Squash \$5.95** 🌿🌱  
spiced maple butter

## PASTAS

**Short Rib Pappardelle \$19** 🆕  
short rib ragu, pancetta, tomato, parmesan, breadcrumbs

**Rigatoni Bolognese \$16**  
beef, pork

**Spaghetti & Meatballs \$16**  
pork, beef, tomato sauce, parmesan

**Chicken Fettuccine Alfredo \$16**  
roasted chicken, parmesan alfredo, parsley

**Bucatini Carbonara\* \$16**  
poached egg, cream, pancetta, parmesan

**Shrimp Scampi Fettuccine \$17.25**  
lemon-butter sauce, garlic, chili flakes, parsley

**Potato Gnocchi with Mushroom & Sausage \$16.25**  
thyme, cream, parmesan, chili flakes

**Kids' Spaghetti \$8.95** 🌿  
choice of marinara or butter & parmesan

**FOCACCIA**  
by the slice  
Garlic Parmesan \$1.75 🌿  
Rosemary & Sea Salt \$1.75 🌿🥬

## WOOD-FIRED PIZZAS

*add to any pizza: calabrian chili oil \$2, ranch \$1*

**Prosciutto & Caramelized Onion \$18.50** ☆ 🆕  
roasted mushrooms, mozzarella, fontina, garlic oil, sage

**Combination \$19.50** ☆  
tomato sauce, mozzarella, salami, pepperoni, sausage, peppers, onion, mushrooms, kalamata olives

**Hot Italian \$19.50** ☆  
pepperoni, pancetta, salami, mozzarella, calabrian chili oil, basil, honey, garlic oil

**Pepperoni \$18.50** ☆  
tomato sauce, mozzarella

**Truffled Mushroom \$18.50** ☆ 🌿  
olive oil, fontina, mozzarella, thyme

**Meatball & Pepperoncini \$18.50**  
tomato sauce, mozzarella, ricotta, parmesan, chili flakes

**Sausage & Mushroom \$18.50**  
alfredo sauce, mozzarella, parmesan, thyme

**Margherita \$17.50** ☆ 🌿  
tomato sauce, fresh mozzarella, basil

## SALADS

*dressing choices: creamy lemon-parmesan, ranch, red wine vinaigrette, balsamic vinaigrette*

**Beet & Burrata \$14.50** 🌿  
arugula, basil, toasted walnuts, fried shallots, balsamic reduction, lemon vinaigrette

**OBO' "Caesar"\* \$13.75**  
greens, tomato, fried shallots, ciabatta croutons, parmesan, six minute egg, caesar dressing, lemon

**Gorgonzola & Apple \$8.50 sm / \$11.50 lg** 🌿🥬🥚  
greens, green onion, walnuts, choice of dressing

**Mista \$7.95 sm / \$11.25 lg** 🌿🥬🥚🥚  
greens, cherry tomatoes, red onion, carrot, parsley, green onion, choice of dressing

**Verde \$6.25 sm / \$9.50 lg** 🌿🌱  
greens, parsley, green onion, parmesan, choice of dressing

**ADD TO ANY SALAD**  
chicken \$4.25    chilled salmon filet \$10.50  
pancetta \$2.50    half avocado \$2.50  
six minute farm egg\* \$1.50

## HOT SANDWICHES

**Meatball \$13.50**  
tomato sauce, provolone, toasted ciabatta

**Turkey Pesto Melt \$13** ☆  
provolone, oil cured tomato, roasted red onion, arugula, toasted ciabatta

**Vegetable Melt \$13** ☆ 🌿  
mushrooms, zucchini, onions and bell peppers, fontina, calabrian chili, basil mayo, toasted focaccia

**Tri Tip & Provolone \$14.95** ☆  
peperonata, lemon mayo, toasted ciabatta

## COLD SANDWICHES

**Chicken, Pancetta & Avocado \$12.25** ☆  
fontina, roasted red pepper, arugula, lemon mayo, focaccia

**Little Italy \$12.50** 🌱☆  
prosciutto, mortadella, salami, provolone, romaine, tomato, onion, pepperoncini, lemon mayo, giardiniera, red wine vinaigrette, ciabatta

**PLT \$11.25** ☆  
pancetta, romaine, tomato, lemon mayo, ciabatta

**Avocado & Fresh Mozzarella \$10.50** ☆ 🌿  
tomato, onion, romaine, basil mayo, whole wheat focaccia

**Turkey & Avocado \$11.75** ☆  
fontina, tomato, pepperoncini, red onion, arugula, lemon mayo, whole wheat focaccia

**Turkey Club \$12.50** ☆  
pancetta, provolone, oil cured tomato, pepperoncini, romaine, basil mayo, whole wheat focaccia

## SOUP

**Carrot Ginger \$6.25** 🌿🥬🥚🥚🆕

**Tomato Basil \$6.25** 🌿🌱

**SOUP & SALAD COMBO \$12.75**  
bowl of soup  
small gorgonzola & apple salad,  
small mista salad, small verde salad

## DELI CASE SALADS

**SALAD TRIO \$13.75**  
choose any three deli case salads

**Salmon & Fennel \$6.95** 🌿🥚  
celery, onion, capers, lemon

**Shrimp & Tortellini \$6.95**  
lemon cream, green onion, dill, parsley

**Brussels Sprouts & Butternut Squash \$5.95** 🌿🌱  
arugula, toasted walnuts, goat cheese, dried cranberries, balsamic vinaigrette, lemon

**Farro & Kale \$4.95** 🌿🥬🥚  
chard, walnuts, green onion, parsley, dill, mint, lemon

**Lemon Broccoli & Cauliflower \$4.95** 🌿🌱  
green onion, creamy lemon-parmesan dressing

**Beet \$4.95** 🌿🌱  
pistachio, basil, parmesan, balsamic

**Seasonal Fruit \$5.25** 🌿🌱🥬🥚  
season's best

## DESSERTS

**Lemon Meringue Pie Parfait \$6.50**  
lemon curd, graham cracker streusel, torched meringue

**Peanut Butter & Chocolate Parfait \$6.50**  
chocolate streusel, peanut butter mousse, whipped cream, peanut butter cup pieces

**Banana Pudding Parfait \$6.50** 🌿🥬🥚🥚  
vanilla coconut pudding, bananas, housemade vanilla wafer streusel, "whipped cream"

**Cheesecake Bar \$6.95** 🆕  
whipped cream, graham cracker crust

**Chocolate Mousse Bar \$6.95**  
whipped cream, chocolate cookie crust, cocoa nibs

**High Hat Cupcake \$3.95** 🌿  
chocolate cake, chocolate dipped meringue

**Cookies \$2.95** 🌿  
salted caramel  
chocolate chip  
chocolate brownie chip 🌿  
oatmeal raisin 🆕  
white chocolate cherry macadamia nut 🆕

☆ = can be modified gluten sensitive + \$2 pizza 🌱 = gluten sensitive 🌿 = vegetarian 🥬 = vegan 🥚 = dairy free

*Please be aware that our gluten sensitive products are prepared in kitchens that handle many other wheat products. Therefore we cannot and do not guarantee that any menu item is completely gluten-free.*

*\*Served raw or undercooked or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.*

italian  
table & bar